****

**CELLULITE PURGER**

This juice was adapted from *FMTV 21 DAY CHALLENGE*. I have adapted it by making 2 juice bases at once and using fresh mint and ice cubes in a blender to finish it. (makes 2 juice bases)

**Ingredients (base)**

* 4 red grapefruit, peeled
* 2 oranges, peeled

Juice all above ingredients and transfer and divide the juice into 2 (2 cup) glass jars. Seal and store in fridge for same day use or freeze.

When you are ready to serve transfer the base juice to a blender or NutriBullet and add (per serving):

* 1 sprig of mint leaves
* 3 ice cubes (made from filtered water)

Blend and serve immediately.